**Virtue of the Week**

**SELF-DISCIPLINE**

Self-discipline means self-control. It is choosing to do what you feel is right.

---

**Principal's Report**

Dear Parents/Carers

Congratulations to members of the Concert Band for their enthusiastic participation in the **Monster Band Day** at Charles Sturt University today. Their performance at the end of the day, following just one day’s workshop, was an absolute credit to them. Well done!

Tomorrow is **Walk Safely to School Day**. To support this great initiative, we encourage our families to take some time to park your car further from the school on Friday and enjoy a healthy and happy walk to school. Consider the health benefits and reinforcement of road safety rules for your children.

Good luck to 34 Eglinton Public School students as they compete at the **Bathurst District Cross Country** at Sulman Park, Mt Panorama tomorrow. We know they’ll do themselves and us proud.

Good luck also to Miller Rivett, Rhys Linklater, Joely Anderson and Travis Barrie who are finalists competing in the CWA Public Speaking Competition at Kinross Wolaroi School next Tuesday.

Meleesa Smith
Relieving Principal

---

**Dates to Remember**

**TERM 2 2015**

**WEEK 5**
**FRIDAY MAY 22**
District Cross Country
Debating v Wallerawang
Assembly Junior 12:30pm
Senior 01:30pm

**WEEK 6**
**TUESDAY MAY 26**
Public Speaking Kinross Wolaroi School
**FRIDAY MAY 29**
Assembly Junior 12:30pm
Senior 01:30pm

**WEEK 7**
**MONDAY JUNE 1ST**
Book club order due
**FRIDAY JUNE 5TH**
Assembly Junior 12:30pm
Senior 01:30pm

**WEEK 8**
**MONDAY JUNE 8th**
Public Holiday (Queen’s Birthday)
**TUESDAY JUNE 10th**
Western Dance Festival
i-Explore Year 5
Assembly Junior 12:30pm
Senior 01:30pm

**Virtue of the Week**

**CARING**

Caring is giving love and attention to people and things that matter to you. It is doing things to help others.
**Week 4 Awards**

Congratulations to the following students who received awards at last week’s assembly.

**Banner:** Braiden Lowe

**Gold Awards:** Jock Rankin, Melicity Dorin, Matilda Kemp, Sophie Press, Dylan Barnes, Samantha Brown Amelia Chapman and Keisha Sealy.

**Yellow Awards:** Tara Lovett, Julian McMennemin, Timothy Anderson, Koby Bateup, Olivia Daley, Kaitlyn Mercieca, Kaylee-Ray Woods, Abbey Brennan-Newton, Jacob Moulden-Jones, Noah Bolt, Oliver Ronan, Brock Killick, Tyler Peel, Tahlia Higgins, Georgie Rumbel, Ella Hallahan, Nicola Bouchier, Alastair, Carlee Edwards, Hannah Jonker, Kirralee Kennedy and Bohdi Hellyer

**Principal Awards:** Dakota Harris, Olivia Collett Sienna Rozema and Shannon McKay.

**Virtue Award ‘UNITY’:** Izabella Moulds, Georgie Clarke, Rupert Beg, Ella Callahan and Amelia Chapman.

---

**Healthy Bites**

Thank you to all the volunteers that helped our yesterday. Lour Blue day was a huge hit. OLAF icecreams are still available as they are canteen approved.

Warm milo is available from 8:50am for $1.00.

All enquires please contact Amanda on 0429 951 66 5

Thanks, Amanda

**My wonderful volunteeers**

---

**ICAS Testing**

If you wish for your child to participate in the English or Mathematics ICAS testing please collect and entry form from the office. The cost is $8.80 per test and English and Maths are available to students in Years 2-6. Entries must be received by the school no later than Wednesday June 24th.

---

**Canteen Roster**

<table>
<thead>
<tr>
<th>Date</th>
<th>Canteen Roster</th>
</tr>
</thead>
<tbody>
<tr>
<td>FRIDAY 22nd MAY</td>
<td>Gary</td>
</tr>
<tr>
<td>MONDAY 25th</td>
<td>Wayne</td>
</tr>
<tr>
<td>TUESDAY 26th</td>
<td>Lainne</td>
</tr>
<tr>
<td>WEDNESDAY 27th</td>
<td>Adam</td>
</tr>
<tr>
<td>THURSDAY 28th</td>
<td>Adam</td>
</tr>
<tr>
<td>FRIDAY 29nd</td>
<td>Laura</td>
</tr>
</tbody>
</table>
Garden Club News:
Week 4 Term 2 2015

The garden club committee would like to thank Bunnings staff: Shamie and Kerrie for visiting garden club, donating some more seeds, lending us some muscles for a general tidy up.....

...... and some professional green thumbs!

Kerrie, a horticulturalist admired the healthy soil in the garden beds as we sowed new crops. The kids explained our secret was the worm farms which yield good quantities of “worm fertiliser” to replenish their garden beds.

Garden club = Fridays 2nd half lunch. All welcome. Contact Trace: 0427317494

---

Nutrition Snippet

The simplest way
...to eat well and prevent disease.

Did you know that eating the right amount of fruit and veg can lower your risk of cancer by 5-12 percent? Yet most adults don’t eat enough of either, particularly veg.

Try to add fruit and veg to every meal:

- Add chopped bananas or strawberries to your brekky cereal
- Add some sliced tomato on your toast
- Munch on some carrot or cucumber sticks at morning tea
- Add legumes like kidney beans or chickpeas to your salad at lunch

Remember! Aim for two serves of fruit, and five serves of vegetables – every day!

For more information visit www.eattobeatit.com.au or join us at facebook.com/eattobeatit

Eat It To Beat It
**Introducing:** Cal Abbott, Year 6 teacher

**What is your main job description?** Classroom teacher.

**How long have you been working at Eglinton Public School?** Since 1995 with a few years off here and there, both part time and full time.

**What do you enjoy most about your job?** Every day is different.

**In one word describe working at Eglinton Public School.** Awesome.

**What inspired you to do the job that you do?** My own schooling – I enjoyed every year from Kindy to Year 12.

**What’s your most favourite occasion on the Eglinton Public School’s calendar and why?** The school concert because the whole school works together to create a wonderful performance.

**What advice could you give parents in helping with their child/ren’s education?** Be involved and interested!

---

**Introducing:** Ross James, Assistant Principal/Year 6 class teacher.

**What is your main job description?** Year 6 teacher. Stage 3 Supervisor. Primary Sports Co-Ordinator.

**How long have you been working at Eglinton Public School?** A long time (29 years).

**What do you enjoy most about your job?** Working with polite, respectful students.

**In one word describe working at Eglinton Public School.** Rewarding.

**What inspired you to do the job that you do?** Working with young people in an ever-changing situation.

**What’s your most favourite occasion on the Eglinton Public School’s calendar and why?** Year 6 Farewell; it demonstrates how a group of children have matured and are ready for the next stage of their life.

**What advice could you give parents in helping with their child/ren’s education?** Plenty of sleep. Good food. Develop a positive reading habit.

**What extracurricular activities/clubs are you involved with?** Lawn bowls. Supporting Parramatta.
P and C news:

Your views:
We love hearing what you have got to say regarding the work done by the P + C at EPS. There are 6 sub-committees, as well as the P+C Executive and P+C members all hard at work at a variety of tasks throughout the school week. We’d love to hear what you have to say – drop us an email eglintonpandc@hotmail.com or have a chat with your Year Rep.

P and C membership:
In order to be able to vote on any issue raised at P+C you need to be a member of the P+C. Membership details are included below – please do fill in your details and drop into the school office. The more members we have the more balanced views of the Community are represented.

P and C meeting:
Next P+C General Meeting:
Tuesday, 9th June, 7pm, staffroom.
All are welcome 😊

Volunteers:
Nearly all of the good work done by the P+C is done by volunteers; giving up our time for the benefit of all students at EPS. Thank you to them all.....

‘Unless someone like you cares a whole awful lot, nothing is going to get better.’ ~Dr. Seuss

-----------------------------------------------------------------------------------------------------
Eglinton Public School P&C Membership 2015

Name: ___________________________ Email address: ___________________________

$3 annual membership fees enclosed.
(Please leave at school front office)

-----------------------------------------------------------------------------------------------------
Eglinton Public School P&C Inc. Out of School Hours Care in the EPS hall. Before School Care, After School Care & Vacation Care.

Currently enrolling for 2015. Completed enrolment forms are essential. Please contact Coordinator call 0429 371 205

Email: eglinton-oosh@bigpond.com

SCHOOL CONTRIBUTIONS 2015

Our school contribution structure helps with the purchase of a range of classroom resources. Fees for students in Years K-6 for 2015 are $50 for the first child in a family, and $30 for every additional child thereafter up to three children attending the school.

Please complete the attached payment slip and return with payment to the school.

Please find enclosed:

1. $50 School Contribution for ........................................ (Child’s Name)
2. $30 Additional student ............................................... (Child’s Name)
3. $30 Additional student ............................................... (Child’s Name)
4. No Fee
5. No Fee