Principal’s Report

Dear Parents/Carers

SRC I would like to commend the SRC for the organisation of a number of lunchtime activities across the school including treasure hunts and remote control car competitions. The SRC are clearly demonstrating the virtue of commitment.

Cricket Best of luck to the boys cricket team who compete next Tuesday against Bathurst Public.

Clean-up Day Following Clean up Australia Day we will be holding a clean-up at school on Wednesday 23rd from 1.30 to 2pm. Students may wish to bring gloves for this event, which takes place solely within the school grounds.

Gates Could I please ask that the gates be closed behind you when visiting the school, it helps to keep our students safe.

Jumpers With the cooler mornings and warm days, children often take off their jumper during the day. Please ensure that your child’s name is on their clothing so that any misplaced items can be returned to the rightful owner.

Easter Hat Parade The Easter Hat Parade will be held on March 24th at 1.30pm. Guests are invited to join the children in the top quadrangle for what promises to be the best parade yet.

Save the date Grandparents day and ANZAC service will be held on April 8th. Hope to see you there.

Meleesa Smith
Relieving Principal

Dates to remember

TERM 1 2016
Week 8
Friday March 18th
Assembly:
Junior 12.30pm, Senior 1.30pm

Week 9
Monday March 21st
Canteen Meeting 6:30pm in staffroom
Thursday March 24th
Easter Hat Parade 1.30pm

Week 10
Tuesday March 29
EOOSH Meeting 7pm-staffroom
Friday April 1st
Assembly:
Junior 12.30pm, Senior 1.30pm

Week 11
Monday April 4th
Country Fair Feedback Meeting 7pm - Staffroom
Tuesday April 5th
P & C meeting 7pm - staffroom
Friday April 8th
ANZAC Service & Grandparents Day

Virtue of the week

Orderliness
Orderliness is being neat and living with a sense of harmony.
Congratulations to the following students who received awards at last week's assembly:

**Gold Awards**
Oliver New, Jock Rankin, Lily Kovac, Sarah Hundy, Abbigale Carroll, Thomas Brennan-Newton, Alexander Jonker.

**Yellow Awards**
Maggie Killen, Anakin Larnach, Oliver Ronan, Brooke Rankin, Jarvis Whalan, Fergus Taylor, Mark Sheather, Ella Taylor, Matilda Stafford, Regan Barnes, Lleyton Lovett, Miliana Thompson, Jade Faulds, Alicia Nobles, Lochlan Randall, Cooper Warry, Thomas Rodenhuis, Alastair.

**Principal Awards**
Jaicee Weal, Angus Healey, Brody Carter, Sam Johnson, Jaden Randall.

**Virtue Award ‘Modesty’**
Lila Williams, Jacquie Callen, Llexie Cronin, Samuel Shearman.

**Eglinton Public School’s ANZAC commemorative ceremony is quickly approaching.**
We are in search of any new families to our school or community who are ex-service men and women or members who are currently serving in Australia’s Defence Force to participate in our service. We would be honoured for you to join in our ANZAC commemorative ceremony on Friday 8th April at 9:30am, under the school COLA.

If you are an ex-service man, woman or are currently serving and wish to attend our ANZAC Day ceremony, please contact our school office staff on 63371205.

**Kid’s Lit Quiz**

On Monday 14th of March, twelve literary legends (Year 6 students) were selected to represent Eglinton Public School in an international celebration of books and reading. The Kids’ Lit Quiz is an event where students can demonstrate their vast knowledge of literature. Teams of four students, aged between 10 and 13 years, working together to answer 100 wide-ranging book-related questions. We competed against 41 other teams from around the Orange region (as far as the Blue Mountains and the Hunter Region) we had a great day but did not progress through to the Australian or World Final.

Well done kids, with brilliant scores of 39 for Team 3, 46.5 for Team 2 and 51 for Team 1 we weren’t that far off the winning teams. Even Mr Doherty and I found the questions extremely difficult this year. We did however have a parent answer an audience question and win a prize. WOW!

This is a wonderful event and I love talking about books.

Thanks to the support of the Parents this year, I look forward to taking more teams next year.

Thanks,

Mr Peters
ICAS Competitions Reminder

Don’t forget that entry for 2016 ICAS competitions is due to the front office by Friday April 1st (Week 10). Entry forms were published in the Week 4 school newsletter or can be collected from the office. For more information contact Julie Sack.

School Contributions

Our school contribution structure helps with the purchase of a range of classroom resources. Fees for students in Years K to 6 for 2015 are $50 for the first child in a family, and $30 for every additional child thereafter up to three children attending the school. (Maximum $110).

Community News

Eglinton Village Community Meeting: Thursday, 17th March at 6:30pm at the Eglinton War Memorial Hall (opposite School).

Eglinton Playgroup
All welcome... We meet every Tuesday morning 10am to 12pm at the Eglinton War Memorial Hall (opposite the school). Ages 0 to school age. Have a cuppa with other mums while the kids have a play and some morning tea.

Come Play!!

Calling all Potential Musicians!

If you are in years 3-6 and have thought about learning an instrument then it’s not too late to pick up an info pack at the office and join our New Band. If that sounds great but you’re only in year 2 then why not join our Recorder Ensemble? A perfect way to kick start your musical education. Please contact us at eglintonbandcomittee@gmail.com for further information.

Clothing Pool

Backpacks are NOW IN STOCK.
Due to Polar Fleece jumpers being bulky to store and expensive to purchase... we do an order for them each year..... so get ready now for the chilly months to come. Please fill out order form (you don’t have to pay now... pay when you collect $40.00) and leave it at school office for me to collect. Final date orders to be in by 8th April.

Polar Fleece Jumper Order
Name:......................................... Qty:....... Size:........
Mobile No. ............................................
Please pay when you collect.... which will be next term. We will let you know via Newsletter when they are here.
See you on Mondays, Denise

Clothing Pool Roster

<table>
<thead>
<tr>
<th>DATE</th>
<th>NAME</th>
</tr>
</thead>
<tbody>
<tr>
<td>21/03/2016 3:15 - 4pm</td>
<td>Emma</td>
</tr>
<tr>
<td>28/03/2016 3:15 - 4pm</td>
<td>Easter Monday</td>
</tr>
<tr>
<td>04/04/2016 3:15 - 4pm</td>
<td>Bev, Nicole, Emma</td>
</tr>
<tr>
<td></td>
<td>(donations away, lost property, start stocktake).</td>
</tr>
</tbody>
</table>

Healthy Bites

A big thank you to all our helpers on Red Day! We had over 180 orders on the day.

We will be having our make up Canteen meeting on Monday 21st March at 6:30pm in the staff room.

Thank you
Amanda Lewis
0429 951 665

Canteen Roster

<table>
<thead>
<tr>
<th>NAME</th>
<th>DATE</th>
</tr>
</thead>
<tbody>
<tr>
<td>Melissa &amp; Emma</td>
<td>Friday 18/03/2016</td>
</tr>
<tr>
<td>HELP NEEDED</td>
<td>Monday 21/03/2016</td>
</tr>
<tr>
<td>Lianne</td>
<td>Tuesday 22/03/2016</td>
</tr>
<tr>
<td>HELP NEEDED</td>
<td>Wednesday 23/03/2016</td>
</tr>
<tr>
<td>Zali</td>
<td>Thursday 24/03/2016</td>
</tr>
<tr>
<td>GOOD FRIDAY</td>
<td>Friday 25/03/2016</td>
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</tbody>
</table>
HOCKEY NEWS
ITS SIGN UP TIME!!

Consider hockey as a fun, affordable, safe and enjoyable team sport for your child. It's never too late to try something new!

Hockey is a great family sport where every member of the family can get involved. If you and/or your child/children are interested in playing hockey for the first time or will be returning for the 2016 season, make sure you register your interest at a local club by the 20th of March. Registering by this date is essential so you don't miss out.

Important details you need to know:

- Competitions in your town: Junior Girls, Junior Boys, Men's and Women's
- Starting Dates: Check the Bathurst Hockey website www.bathursthockey.com
- Venue: Bathurst Hockey Complex
- What's involved: Register your interest to play by contacting a club at www.athleticsnsw.org.au/ClubFinder, or for more info contact a committee below.
- Cost: You will be required to register with Hockey NSW which is paid online at www.bathursthockey.com.au. This covers insurance etc. and then your club will notify you of the cost to them which covers things such as weekly turf fees.
- Hockey isn't expensive, there's no need to travel to different locations and once you have the equipment it works out to be around $6 a week for 11yr old (based on 22 week comp, incl Hockey NSW and club fees).

Contact Details
- Website: www.bathursthockey.com
- Junior Men: secretarygalbrett@hotmail.com
- Men's: info@bathursthockey.com
- Junior Girls: thesgoal82@bigpond.com
- Women's: whaka279@hotmail.com

Nutrition Snippet

The simplest way
...to cook quesadillas.

Beef & Vegie Quesadillas
Serves: 5

Ingredients:
- 1 tbsp olive oil
- 1 med brown onion, chopped
- 1 clove garlic, diced
- 200g button mushrooms, chopped
- 500g beef mince
- 1 large zucchini, grated
- 1 large carrot, grated
- 2 medium tomatoes, diced
- ½ tsp ground cumin
- ½ tsp ground coriander
- ¼ tsp cinnamon
- 10 medium tortillas
- 250g reduced fat cheese, grated

Method:
- Cook onion, mushrooms and garlic in frypan with olive oil until soft. Add mince and spices. Browm the mince, add zucchini, carrot and tomatoes. Cook for about five minutes. Lay a tortilla flat, layer half with cheese, a few spoons of mince and top with more cheese. Fold over. Cook in sandwich press until cheese melts and tortilla is golden crisp.
- Cut in half. Serve with salad. Refrigerate leftovers and add to lunch boxes.
- Variation: add a tin of kidney beans for a more authentic Mexican dish and extra veg.

For more information visit www.eatittobeauti.com.au
or join us at facebook.com/eatittobeauti

High School Information Evening

Year 7, 2017 Information Evening

Year 6 parents/carers and students are invited to attend information evenings on Tuesday 5th April at 6-30pm.

Sessions will take place at the Bathurst High Campus and Kelso High Campus Gymnasiums. Information regarding Year 7 curriculum, school activities and procedures for the transition to high school will be available on the evening.

Campus tours will be available as well as the opportunity to meet current Campus staff and students.

Contacts:
- Bathurst High Campus: Cassie Burt, HT Junior Studies, 6331 3755
- Kelso High Campus: Anna Townend, HT Junior Studies, 6331 4544
P and C news:

Tuesday 5th April 7pm – P+C Annual General Meeting, 7pm, staffroom. All are welcome!
At this time all positions will be declared vacant. Representative positions will be elected for President, Vice President, Secretary and Treasurer. In the last year some of these positions have been shared responsibilities. If you are interested in finding out more about these positions or the P and C please email, eglintonpandc@hotmail.com . We would love to see as many of the school community as possible at this important meeting. This is a fantastic way to have a voice and to support our school and our children.

Easter Hat Parade and Morning Tea - As the Easter Bunny prepares for her enormous delivery so do the children and teachers at Eglinton Public School. The famous Easter Hat Parade will be held on Thursday 24th March at approximately 1.30pm. P and C will be serving tea and coffee from 1pm. There will also be a ‘Guess the number of Eggs’ competition running through the canteen. For only 50c you could have a chance to win enough eggs to see you through to next year. If you can’t make it on the day don’t forget to pop 50cents into your children’s pockets. They can use all their mathematical expertise to guess the number of eggs! See you there!

Thanks to Amanda and all her helpers in the Canteen for a hugely successful Specials Day yesterday. Over 150 orders were received, thanks to those families for their support – and for getting all orders in on time.

Eglinton P&C, Executive 2015
President: Ray Blaisdell  Vice President: Catherine Rendall  Secretary: Angela Ranking  Treasurer: Annette Taylor  Treasurer: Christine Murray
Contact: eglintonpandc@hotmail.com

Saturday April 2, 2016

Peace Park (near the Bicentennial flagpole)
9:00 am – 11:00 am Registration opens at 8:30
5 laps of the river are approximately 12 km.

Registration Cost: $20 adults
$10 students

Registration includes sausage sandwich and drink at completion of walk.

Pick up a sponsor form from the Bargain Centre, Junktion or hopebathurst or download from www.hopebathurst.org.au

All monies raised through sponsorship are tax deductible.

50% of all funds raised will go to the work of hopecare in the Bathurst community and 50% to Hope:Global.

Transforming lives in our community through hope.

Hope:Global works with GDG in developing nations such as Rwanda, Kenya, Cambodia, Uganda and India to bring transformation through capacity building, education and training.
**Childhood Bladder and Bowel Health**

Information session for parents, carers, and teachers/aides

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**SESSION DETAILS**
Open to both Men and Women

**DATES**
Wednesday 23rd March 2016

**TIME**
5:15pm – 6:15pm

**VENUE**
Central West Women’s Health Centre
20 William Street
Bathurst

**COST**
Free

Light refreshments provided

**TO REGISTER**
Contact: Ann-Marie Brittain
Health Promotion Worker
T: 6331 4133
E: healthed@cwwhc.org.au

Supported with funding from NSW Ministry of Health (WLHD) and Continence Foundation of Australia

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Join us for a free information session providing parents, carers and teacher/aides with tips and information to help manage childhood continence issues.

Topics will include:

- “Accidents” and bed wetting
- Constipation and encopresis
- Good bladder and bowel habits for children.

Presented by Louise Linke, Nurse Practitioner - Continence

Louise has been working in the area of continence nursing for over 15 years. Her role includes assessing and developing continence plans with people experiencing incontinence, and providing ongoing support.

3-5% of children between 5 & 17 experience daytime wetting with 1/3 also experiencing bedwetting and 1-3% of children experience faecal incontinence.

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**Incontinence**

I’m too young for that!

Information session for women

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**SESSION DETAILS**

Open to both Men and Women

**DATES**
Wednesday 23rd March 2016

**TIME**
6:30pm – 7:30pm

**VENUE**
Central West Women’s Health Centre
20 William Street
Bathurst

**COST**
Free

Light refreshments provided

**TO REGISTER**
Contact: Ann-Marie Brittain
Health Promotion Worker
T: 6331 4133
E: healthed@cwwhc.org.au

Supported with funding from NSW Ministry of Health (WLHD) and Continence Foundation of Australia

---

Join us for a free information session providing women with tips and resources to help prevent or manage continence issues.

Topics will include:

- Causes of incontinence
- Preventing leaking bladder and bowels
- Available treatments

Presented by Louise Linke, Nurse Practitioner - Continence.

Louise has been working in the area of continence nursing for over 15 years. Her role includes assessing and developing continence plans with people experiencing incontinence, and providing ongoing support.

4.8 Million Australians are affected by incontinence. More than 70% of these are Women.